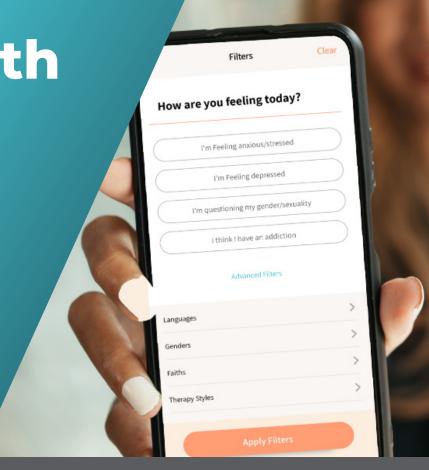
Mental health is health.

meta teletherapy



Connect to a Therapist on the META Teletherapy App

Primrose Schools is providing employees with access to a network of licensed counselors through META Teletherapy's Uber-like app.

Your mental health matters. Talking to a licensed counselor can help you cope with any emotional turmoil you're experiencing, including feelings of **depression**, **stress**, and **anxiety**.

META Teletherapy's Uber-like app connects you to a network of available licensed counselors accepting new clients.

It's easy to get started:

- 1. Download the free app: meta.app/users.
- 2. Include "Primrose Schools" in your META profile
- 3. Connect to a counselor of your choice for private, secure counseling sessions.





