<! –– MESSAGE #1 ––>

Are you doing okay? <INSTITUTION NAME> students can use META for private chat or video counseling all year long. Download the app from [meta.app/students](https://www.meta.app/students/)

<! –– MESSAGE #2 ––>

Have you tried META yet? <INSTITUTION NAME> students can download the teletherapy app for free all year long. Visit [meta.app/students](https://www.meta.app/students/) to get started.

<! –– MESSAGE #3 ––>

META is free to all <INSTITUITION NAME> students. The mental wellness app connects you to licensed counselors for secure therapy sessions. Go to [meta.app/students](https://www.meta.app/students/) to learn more.

<! –– MESSAGE #4 ––>

It's okay to not feel okay. Find emotional support resources from META. <INSTUITITON NAME> students can download the app for free today from [meta.app/students](https://www.meta.app/students/).

<! –– MESSAGE #5 ––>

Join thousands of students who use META to support their mental health. <INSTUITITON NAME> students can download META for free. Get started at [meta.app/students](https://www.meta.app/students/).